



Unit Outline (Higher Education)

Institute / School:	Institute of Health and Wellbeing
Unit Title:	THE IMPACT OF ALCOHOL AND OTHER DRUGS ON MENTAL HEALTH
Unit ID:	HEALT7007
Credit Points:	30.00
Prerequisite(s):	Nil
Co-requisite(s):	Nil
Exclusion(s):	Nil
ASCED:	061309

Description of the Unit:

In this unit students will focus on evidence-based foundations, approaches and interventions to care for consumers using alcohol and other drugs with or without mental illness. The students will engage in both the theoretical and practical application of knowledge and therapeutic skills in the context of dual diagnosis, assessment, therapeutic interventions and referrals within the scope of practice.

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

Not wholly work experience: Student is not undertaking work experience in industry or student is undertaking work experience in industry where learning and performance is directed by the provider.

Placement Component: No

Supplementary Assessment: Yes

Where supplementary assessment is available a student must have failed overall in the Unit but gained a final mark of 45 per cent or above, has completed all major assessment tasks (including all sub-components where a task has multiple parts) as specified in the Unit Description and is not eligible for any other form of supplementary assessment

Course Level:

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	<input type="checkbox"/>	<input type="checkbox"/>				
Intermediate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Advanced	■	■	■	■	■	■

Learning Outcomes:

Knowledge:

- K1.** Articulate knowledge of actions and adverse effects of alcohol and other drugs
- K2.** Define the multi-disciplinary approach to treatment and recovery of consumers with dual diagnosis
- K3.** Demonstrate a critical understanding of the key assessment and management of consumers from a diverse cultural background with dual diagnosis

Skills:

- S1.** Develop and maintain therapeutic partnerships in care with consumers with dual diagnosis or issues with alcohol and other drugs and their families/carers which focuses on informed decision making, self-determination and support with access to services
- S2.** Establish therapeutic relationships with consumers with dual diagnosis or issues with alcohol and other drugs, their families/carers and significant others which are characterised by co-construction of care and collaborative engagement and goal setting
- S3.** Assess individual's choices and level of readiness for change and to enhance as well as challenge our own and other's assumptions underpinning those choices
- S4.** Assess and evaluate the safety of individuals at risk of suicide

Application of knowledge and skills:

- A1.** Advocate for consumers with drug and alcohol issues and their families, challenging discrimination, minimising stigma
- A2.** Expand the range of assessments, management, psycho-therapeutic interventions, and referrals applied to consumers with dual diagnosis
- A3.** Apply the knowledge of assessments and use of therapies and pharmacological and non-pharmacological management in the context of dual diagnosis

Unit Content:

Topics may include:

- Introduction to substances, chemistry, types and the effects and cycle of addiction
- Introduction to dual diagnosis
- Impacts of alcohol and other drugs across the lifespan
- Stages of change
- Assessment needs of clients with alcohol and other drugs issues
- Pharmacological and non-pharmacological interventions
- Mental health assessments and safety of individuals at risk of suicide
- Harm minimisation
- Working with consumers from a diverse cultural background
- Trauma-Informed Care
- Communication and collaborative practice
- Referrals, interventions, and relapse prevention strategies
- Sharing the lived experiences: recorded sessions by the peer workers

Graduate Attributes

Federation graduate attributes statement. To have graduates with knowledge, skills and competence that enable them to stand out as critical, creative and enquiring learners who are capable, flexible and work ready, and responsible, ethical and engaged citizens.

Students will be equipped with advanced level knowledge of the determinants of health, health determinants and the skills, motivation and confidence to engage in continuous learning to meet the personal, professional and vocational challenges of an ever changing world;

Graduate attribute and descriptor		Development and acquisition of GAs in the course	
		Learning outcomes (KSA)	Assessment task (AT#)
GA 1 Thinkers	Our graduates are curious, reflective and critical. Able to analyse the world in a way that generates valued insights, they are change makers seeking and creating new solutions.	K1, K2, S1, S3, A1, A3	AT1, AT2
GA 2 Innovators	Our graduates have ideas and are able to realise their dreams. They think and act creatively to achieve and inspire positive change.	K2, S1, A2	AT3, AT4
GA 3 Citizens	Our graduates engage in socially and culturally appropriate ways to advance individual, community and global well-being. They are socially and environmentally aware, acting ethically, equitably and compassionately.	K3, S1, A1	AT3, AT4
GA 4 Communicators	Our graduates create, exchange, impart and convey information, ideas, and concepts effectively. They are respectful, inclusive and empathetic towards their audience, and express thoughts, feelings and information in ways that help others to understand.	K2, K3, S2, A1, A2	AT2, AT3, AT4
GA 5 Leaders	Our graduates display and promote positive behaviours, and aspire to make a difference. They act with integrity, are receptive to alternatives and foster sustainable and resilient practices.	K1, S3, A1	AT1

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, S1, S3, S4, A1	Reflective (Early intervention) discussion post	Non invigilated / Hurdle	S/U
K1, K2, K3, S1, S2, A1, A2, A3	Reflective contribution to an academically facilitated discussion forum.	Online Engagement, 3 x reflections	20-40%

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K2, K3, S1, S2, S4, A1, A2, A3	Part A Application of understanding of knowledge on alcohol and other drugs in a recovery-oriented model to a contemporary case Including assessment, planning, formulation, Models of Case Management, Strengths-Based Perspectives, collaboration and coordination of services Management for Clients With Special Needs	Written Case Scenario	40-60%
K1, K2, K3, S1, S2, S3, A1, A2, A3	Part B Evaluation and Quality Assurance of care, client and system outcome measurements	Written assessment	10-30%

Adopted Reference Style:

APA

Refer to the [library website](#) for more information

Fed Cite - [referencing tool](#)